

GRINDINSILENCE · FIELD GUIDE

THE AFTER-WORK SIDE HUSTLE STARTER GUIDE

Start tonight — even tired, even on a \$0 budget.



5 HUSTLES · STARTUP CHECKLISTS · A 30-DAY PLAN

Companion to "5 Side Hustles You Can Start After Work"

STEP 01

PICK YOUR ONE HUSTLE

Don't start five. Start one. Find the row that sounds like you, then commit to it for 30 days.

- › Already have a skill you use at work? **Freelance It — #1**
- › Want it to earn while you sleep? **Digital Products — #2**
- › Need cash this week? **Flip & Resell — #3**
- › Willing to play the long game for a big ceiling? **Content + Affiliate — #4**
- › Just want simple, paid hours? **Local Micro-Gigs — #5**

THE FIVE AT A GLANCE

HUSTLE	COST	ENERGY	FIRST \$
01 Freelance Your Work Skill	\$0	Low-Med	1-2 wks
02 Sell Digital Products	\$0-20	Low	2-6 wks
03 Flip & Resell	\$0-50	Low	Days
04 Content + Affiliate	\$0-15	Med	1-3 mo
05 Local Micro-Gigs	\$0	You pick	This wk

STARTUP CHECKLISTS

The first three moves for each hustle. Tick them off in your first week — done beats perfect.

01 Freelance Your Skill

- Write one line: "I help ___ do ___."
- Make one Fiverr/Upwork gig or message 5 people.
- Deliver one small job; ask for a review.

02 Sell Digital Products

- Pick one boring-but-useful template idea.
- Build it in free Canva / Google Sheets.
- List on Etsy, Gumroad, or Payhip.

03 Flip & Resell

- Photograph 5 items you'll never use again.
- List them on eBay / Marketplace tonight.
- Reinvest the first profit into one flip.

04 Content + Affiliate

- Name your niche in one sentence.
- Write 10 content ideas.
- Batch + schedule 5 posts in one sitting.

05 Local Micro-Gigs

- Create one profile (Rover/TaskRabbit/Care).
- Turn on availability for two evenings.
- Complete one gig; collect your first payout.

STEP 03

WHAT YOU CAN REALISTICALLY EARN

Honest ranges for a few evenings a week. Service hustles pay fastest; content compounds slowest but highest.

HUSTLE	START	FIRST \$	REALISTIC/MO	IF YOU SCALE
Freelance	\$0	1-2 wks	\$300-1,500	\$3k+ /mo
Digital products	\$0-20	2-6 wks	\$50-800	\$2k+ /mo
Flip & resell	\$0-50	Days	\$100-700	\$2k+ /mo
Content + affiliate	\$0-15	1-3 mo	\$100-2,000	Salary+
Local micro-gigs	\$0	This wk	\$150-800	\$1.5k /mo

THE ONLY RULE THAT MATTERS

Your first dollar matters more than your best month. Get it fast, prove it's real, then repeat. Momentum beats motivation every single time.

STEP 04

YOUR 30-DAY PLAN

Days 1-3

Choose one hustle. Write it on a sticky note. One — not a portfolio.

Days 4-7

Create the one account you need. Protect a fixed 30-min nightly window.

Days 8-20

Ship something ugly. List it, send it, publish it. Goal: your first dollar.

Days 21-27

Repeat the same action, a little faster. Cut whatever drained you.

Days 28-30

Keep, tweak, or swap. If it earned and didn't wreck your week, double down.

NIGHTLY TRACKER

Fill a box each night you show up. Never miss twice.

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



GRIND IN SILENCE

Tired is not a disqualifier. It is the starting condition.
Pick one hustle. Protect one hour. Ship one ugly thing.
Don't announce it. Let the first dollar do the talking.

READ NEXT

Side Hustle — Chris Guillebeau

The \$100 Startup — Chris Guillebeau

From Side Hustle to Millionaire — Tony Whatley

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